

CGDP 2nd Asian Symposium on Advanced General Dentistry

Advanced Techniques in Clinical Practice

1ST TO 3RD MAY 2015 • MANDARIN ORCHARD SINGAPORE



Featuring Keynote Speaker

Dr Ronald Jackson

Gold Sponsors





This symposium seeks to explore and share advancements in clinical practice as well as relevant technological applications. The College hopes to establish collaboration between partner associations amongst the ASEAN countries.

Coming together, we can inspire and promote excellence in dentistry for this region. The ASAGD is a great platform for outstanding clinicians of this region to share their work and inspire others to excel in dentistry.

President's Message



Dear Colleagues and Friends,

On behalf of the entire College of General Dental Practitioners Singapore (CGDP), I would like to welcome you to Singapore. It is my pleasure to have you join us for the 2nd Asian Symposium on Advanced General Dentistry (ASAGD) to be held in May 1-3, 2015 at Mandarin Orchard hotel. This year's theme is "Advanced Clinical Techniques" where the focus is on sharing of techniques that practitioners can apply to improve their efficiency and clinical results.

ASAGD aims to be the platform for Asian speakers to share their knowledge and skills regionally and thus we are excited and honoured that the regions' renowned clinicians have offered their time and knowledge for ASAGD 2015. ASAGD also aims to forge close cooperation between various societies and colleges of the ASEAN countries. We hope this cooperation will bring dentistry in this region to a higher level to benefit our patients.

For this 2nd symposium, we have the pleasure to invite Dr Ron Jackson as the keynote speaker. Dr Jackson is a highly sought after speaker and have inspired thousands of dentist worldwide, myself included.

I would like to take this opportunity to thank our key sponsors Kerr-Kavo Group, Ivoclar Vivadent, Shofu Inc and other sponsors, without which we are not able to hold this event successfully.

In view of these programs and topics presented by our line up of excellent speakers, this year's Asian Symposium on Advanced General Dentistry is an event not to be missed. I wish you a great time in Singapore.

A handwritten signature in white ink on a blue background. The signature is stylized and appears to be 'J. Lim'.

Yours sincerely,
Dr Jerry Lim
President

*College of General Dental Practitioners,
Singapore*

Asian Speakers

The first day of the CGDP 2nd Asian Symposium for Advanced General Dentistry will see clinicians from across Asia flying into Singapore to share their expertise and insights about the latest advances and techniques in Dentistry.



Dr Yudha Rismanto

*Perio - esthetic management
in one third cervical area*

One third cervical area is unique dental parts. Many dental problems are originated from this area and creating violation from infection to esthetic problems. Tooth sensitivity and gingival recession are most condition found and need management to solve discomfort and esthetics problems. This presentation is going to review and discuss about perio esthetic management in one third cervical area from the simple technique up to the touch of surgical intervention. The discussion also observe the anatomy, function and exposing most common challenges in dentistry arise on this particular part of a system called "tooth".

- **Private practitioner , focusing in Periodontal esthetic, dental implant**
- **Visiting lecturer at the Department of Periodontic Indonesia University**
- **Visiting lecturer of Continuing Dental Education in Implant Program Moestopo University**
- **Chairman of Indonesian Dentist Association (IDA / PDGI), branch Kota Bekasi**
- **Chairman of Indonesian Cosmetic Dentistry Society (ICDS)**
- **Founder of Indonesian Cosmetic Dentistry Society (ICDS)**
- **Member of Indonesian Aesthetic Academy of Dentistry (IAAD / IKGEI)**
- **Member of Indonesian Periodontology Association (IPERI)**
- **Member of Indonesian Society of Implant Dentistry (ISID)**
- **Fellow of Indonesian Society of Implant Dentistry (FISID)**



Dr Nobuyasu Seto

*The relationship between
Periodontal surgery as
pre-prosthetic treatment
& tooth preparation*

The approaches to prosthesis of the defect have been simplified a lot by the advent of the implant treatment and its predictability became high. However, the merit preserving natural dentition is still large as before and we should try to preserve them as many as possible. Implant treatment should be considered as 2nd option.

Nowadays, the many preservation methods for remarkably collapsed or fractured teeth have been established and the criteria for their selection seem to be almost established as well.

In my presentation, I will especially organize the criteria for selection of the conservative treatment for the endodontically treated teeth. And I would like to show you possibility that pre-prosthetic treatment, like periodontal surgery and orthodontic

treatment, can be avoided with appropriate tooth preparation. Then, keeping this in mind, I will reconsider the evaluation of the criteria for tooth extraction and would like to discuss with you the importance of the tooth preparation.

- **1989 - Graduated from Nihon University School of Dentistry**
- **1990 - Joined Harajuku Dental Office**
- **1994 - Private practice Seto Dental Clinic (in Yokohama-city)**
- **Member of Japan Prosthodontic Society**
- **Member of Japan Academy of Esthetic Dentistry**
- **Member of Osseointegration Study Club of Japan**
- **Executive Board Member of S.J.C.D. (Society of Japan Clinical Dentistry)**



Dr Mylene Igrubay

*Provisionals for Indirect Restorations
Practical tips & techniques*

There are many ways, and many means, to fabricate provisional restorations. This can be in the form of direct or indirect technique. This may involve a traditional powder-liquid formula, or a light cured cartridge based material. Some may have our laboratories fabricate provisional shells, which we then reline in the mouth. All of these techniques have their pros and cons.

One of the best ways to gain patient acceptance of the new smile is to place provisional restorations that mimic the final ceramic restoration in both tooth form and color. If this treatment consists of an indirect temporary, the treatment does take a considerable amount of time, so

the question then becomes how to temporarily care for the prepared teeth while these provisional restorations are being constructed in the laboratory. This presentation offers a new technique that addresses this need.

- Post Graduate Program in Esthetic Dentistry
- University of California Los Angeles (UCLA)
- School of Dentistry
Level 1 (October - November 2009)
Level 2 (September - October 2011)
- University of the East, Manila
- College of Dentistry
- Doctor of Dental Medicine,
October 1993



Dr Tan Chin Hwee

*Botulinum Toxin and
Fillers in the dental practice*

The increasing availability, affordability and impressive results of minimally invasive cosmetic procedures with minimal downtime and discomfort are driving the phenomenal market for aesthetic medicine. The dental profession is a relatively recent and hesitant provider of aesthetic medicine compared to the plastic surgeons, ENTs, ophthalmologists and aesthetic physicians. However the general dentist is uniquely placed to provide such a service, as in the course of his practice he daily assesses facial aesthetics, is familiar with the anatomy of the face and does more injections than any other profession.

Botulinum toxin and fillers together comprises more than 60 percent of cosmetic procedures. Botulinum toxin has an enviable safety clinical safety record of more than 40 years. Good clinical results can be achieved consistently with techniques that are not difficult to learn and reproducible.

The use of Fillers to restore volume loss or contour facial irregularities is a more technically challenging modality. However the results are immediate and dramatic but are less consistent. The complications which

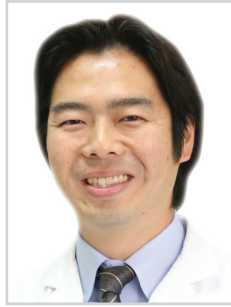
include compression or occlusion of the vascular system leading to necrosis of adjacent tissues or varying degree of blindness can be drastic. This presentation will discuss briefly the basic science, indications, contraindications and clinical use of botulinum toxin and fillers.

Dr Tan Chin Hwee graduated with BDS from the University of Singapore. He was awarded MFGDP from FGDP UK and GDDI Dental Implantology from NUS. He is the principal partner of a group practice, practicing general dentistry for more than 25 years.

Dr Tan served as editor and council member of the Asian Pacific Dental Federation. He was conferred the List of Honour of the APDF/APDRO. A life member of the Singapore Dental Association, he was on various SDA councils and committees. He is also a council member of the College of General Dental Practitioners, Singapore. He was an Examiner for the MFGDP examination of the FGDP for 9 years. Dr Tan was also awarded the FICD, FADI, FICCDE and PFA.

Dr Tan is passionate about encouraging dentists to take on the challenge of dental facial aesthetics especially the use of Botulinum Toxin A and fillers.

Dr Tan was the speaker/trainer at the Botulinum Toxin workshop at the FICCDE meeting during the 2014 APDC in Dubai and the 2015 NUSGDDIA's workshop in Singapore.



Dr Ryuhei Yamanaka

Complex Implant therapy using Horizontal and Vertical GBR principle

In recent years, many implant cases requires the needs of hard and soft tissue management. The presentation will be introducing some of the common hard tissue augmentation techniques relating to implant therapy performed in our clinic.

In addition, criteria for high predictability of implant treatment, and hard tissue augmentation will be discussed; along with clinical cases examples.

- 2000 - Graduated Showa University Worked at Showa University Hospital Oral and Maxillofacial Surgery Dept
- 2003 - UCLA School of Dentistry Advanced Implantology Preceptorship
- 2004 - Periodontology Preceptorship Worked at Sascha Jovanovic's Office as a Surgical Assistant Doctor
- 2006 - Worked at Showa University Hospital Oral and Maxillofacial Surgery Dept.
- 2007 - Worked at Tokyo Midtown Dental Clinic
- 2011 - Opened YAMANAKA DENTAL CLINIC and currently working as Director of the Clinic
- Member of Japanese Society of Oral and Maxillofacial Surgeons
- Member of Japanese Stomatological Society
- Member of Academy of Osseointegration
- Director of Club GP
- Club GP Advanced Member



Dr Takahiko Sugiyama

The Friction retention system; a method for placing a single crown supra-structure without cement

The friction retention system is a method placing a supra-structure on the abutment without cement. I have applied this method for over 15 years. The most distinctive point is that the supra-structure can be easily removed whenever necessary. This method has many benefits. The subgingival contour is easy to make as the supra-structure on the abutment that has the minimum height of the abutment collar. Then if the fastening screw comes loose, it can be easily tightened up. In addition, when the supra-structure has been chipped, it can be easily repaired after removal. The biggest advantage is it enables us to observe the mucosal condition in detail at the subgingival area and perform a hygiene control.

I have developed new technique that is the protrusion friction retention system at 2012. This method can solve the problems of the metal friction retention system and apply both the metal and the zirconium substructure. It will be useful method. I would like to present about the history and the advantage of the friction retention system.

- 1989 - Nippon Dental University School of Dentistry at Niigata Japan, Department of Crown and Bridge Prothodontics
- 1996 - Certified Doctor of Japanese Society of Oral Implantology
- 1997 - Private Practice at Sugiyama Dental Office in Niigata-City Japan
- 1997 - Friatec (Germany), Certified Instructor of IMZ implant system and Frialit 2 Implant System in Japan
- 1998 - Assistant professor at Nippon Dental University School of Dentistry at Niigata Japan, Department of Crown and Bridge Prothodontics
- 1998 - Kyocera, POI Implant System Instructor (Japan)
- 2004: Dentsply- Friadent, Frialit2 and Xive System Instructor (Japan)
- 2004: Xive system course (Germany)
- 2005: Xive system course (Germany)
- 2007: Dentsply Friadent master speaker
- Member and Certified Doctor of Japanese Society of Oral Implantology
- Member of Niigata Regenerative and Reconstructive Dentistry
- Member of AAP (American Academy of Periodontology)
- Member of Japan Prosthodontic Society
- Active member of Osseointegration Study Club of Japan

Day 1 - 1st May 2015 (Friday)

8.30 am | Registration

9.00 am | Welcome Address
President, College of General Dental Practitioners Singapore

TECHNIQUES IN GENERAL RESTORATIVE DENTISTRY

9.30 am | Provisionals for Indirect Restorations - Practical tips & techniques
Dr Mylene Igrubay, PAED

10.20 am | Tea Break

10.50 am | Botulinum Toxin and Fillers in the dental practice
Dr Tan Chin Hwee, CGDP

11.30 am | Questions and Answers

TECHNIQUES IN PERIODONTAL MANAGEMENT

11.40 am | Perio - Esthetic management in one third cervical area
Dr Yudha Rismanto, Indonesian Cosmetic Dentistry Society

12.30 pm | Lunch

1.30 pm | The relationship between Periodontal surgery as pre-prosthetic treatment & tooth preparation
Dr Nobuyasu Seto, SJCD

2.20 pm | Questions and Answers

TECHNIQUES IN IMPLANT DENTISTRY

2.40 pm | Complex Implant therapy using Horizontal and Vertical GBR principle
Dr Ryuhei Yamanaka, Club GP

3.30 pm | Tea Break

4.00 pm | The Friction retention system; a method for placing a single crown suprastructure without cement
Dr Takahiko Sugiyama, AARD

4.50 pm | Questions and Answers

Keynote Speaker

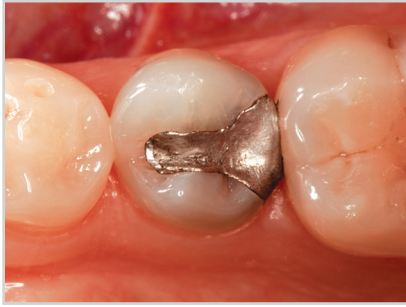
The second and third days of the CGDP 2nd Asian Symposium for Advanced General Dentistry will see renowned speaker and clinician Dr Ronald Jackson speak on a wide range of topics, including direct anterior and posterior composites and indirect restorations. Truly a masterclass.



Dr. Ron Jackson is a 1972 graduate of West Virginia University School of Dentistry. He has published many articles on aesthetic, adhesive dentistry and has lectured extensively across North America and abroad. Dr. Jackson has presented at all the major U.S. scientific conferences as well as to Aesthetic Academies in Europe, Asia and South America. He is an Accredited Fellow in the American Academy of Cosmetic Dentistry, a Fellow in the Academy of General Dentistry, a Diplomate in the American Board of Aesthetic Dentistry and is Director of the Mastering Dynamic Adhesion program at the Las Vegas Institute for Advanced Dental Studies.

Dr. Jackson practices comprehensive restorative and cosmetic dentistry in Middleburg, Virginia, USA.





Class II
Direct Composite



Posterior
Indirect Onlays



Class 4s



Diastema
Closures



Conservative Aesthetic Posterior Restorations: Materials and Techniques

Amalgams have served dentistry for over a century. However, amalgam fillings undergo constant corrosion and are not aesthetic. The direct posterior composite resin restoration as well as aesthetic inlays and onlays provide patients with sealed, conservative, tooth re-inforcing restorations.

In this presentation, Dr. Jackson will show where these restorations are not only indicated but are the hands down restoration of choice both aesthetically and restoratively. Simplified preparation and placement techniques along with a discussion of longevity expectations will allow the practitioner to confidently include these restorations in an aesthetic restorative practice.

Direct Posterior Resin Restorations:

- Where indicated - assuring success
- Matricing - achieving proper contacts every time
- Understanding Adhesives and Adhesion - a comprehensive update
- Total adaptation, total fill - in seconds

Aesthetic Inlays/Onlays:

- The Materials - Resin/Ceramic
- Indications/contraindications - assuring success
- Preparation - criteria and sequence/Immediate Dentin Seal / Temporization
- Placement - simplified

Learning Objectives

- To review current adhesives and matricing techniques for placing Class II composite restorations.
- To understand the science and technology of new posterior composite materials & systems.
- To appreciate the value and time savings of placing posterior restorations using bulk fill technology.
- To understand the rationale for Immediate Dentine Seal and its application for indirect restorations.
- To learn the preparation and placement criteria for Aesthetic Inlays and Onlays.

Day 2 - 2nd May 2015 (Saturday)

8.00 am	Registration
8.30 am	Welcome Address
9.00 am	Posterior Composites: A Rapid, Simplified Placement Technique (1)
10.30 am	Tea Break
10.50 am	Posterior Composites: A Rapid, Simplified Placement Technique (2)
12.30 pm	Lunch
1.30 pm	Aesthetic Restorative Excellence with Inlays/Onlays (1)
3.30 pm	Tea Break
3.50 pm	Aesthetic Restorative Excellence with Inlays/Onlays (2)
5.00 pm	Questions and Answers

Composite Artistry: Give Your Patients Something To Smile About

The greatest impact of cosmetic or aesthetic dentistry is providing patients with beautiful smiles that enhance self-esteem. However, materials and techniques have undergone significant evolution in recent years and dentists are challenged to keep current. In addition, aesthetic standards have been raised and quality outcomes redefined by today's educated patient. Restoring anterior teeth with a single shade and single opacity is no longer acceptable.

This presentation will illustrate the versatility and value of using direct composite resin for treating anterior restorative needs and cosmetic desires. The logical, conservative techniques shown will lead to results that please patients and encourage referrals.

Topics to be covered include:

- Rationale of additive dentistry versus subtractive
- Materials and systems
- Opacity/Translucency, Form, Color, Characterizations, Texture and Surface contour
- The invisible Class III / IV, diastema closure, veneers, instant orthodontics, veneering a dark tooth, etc.

Learning Objectives

- To gain an appreciation for conservative direct resin restorations
- To discover the limitless versatility of direct resin in enhancing patient's smiles
- To learn the essential features of a naturally shaded composite system
- To understand the stratification of opacities to achieve life-like restorations
- To be able to apply these conservative techniques practically and efficiently in a general practice
- To learn to do dental art without being artistic

Day 3 - 3rd May 2015 (Sunday)

8.30 am	Registration
9.00 am	Composite Artistry: Give Your Patient Something to Smile About (1)
10.30 am	Tea Break
10.50 am	Composite Artistry: Give Your Patient Something to Smile About (2)
12.30 pm	Lunch
1.30 pm	Composite Artistry: Give Your Patient Something to Smile About (3)
3.30 pm	Tea Break
3.50 pm	Composite Artistry: Give Your Patient Something to Smile About (4)
5.00 pm	Questions and Answers

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Proficiency in General Dentistry: For GP's, By GP's

The College of General Dental Practitioners (CGDP) is proud to present its General Dentistry lecture series.

This series aims to leverage on the abundant talent among our very own dental fraternity to enhance the practice of dentistry in Singapore. The speakers will share their experience and practical tips on their respective subjects and focus on the practical aspects of treatment, troubleshooting and presentation of relevant clinical cases. Participants will learn what works and what doesn't, and will take home practical and helpful tips that they can apply the very next day.

Attendance is limited to only 60 pax to maximize interaction and learning. Each session is designed to be short and impactful.

This year the focus of our discussion will be on Removable Prosthodontics, Alternatives to Dental Amalgam as well as Root Canal Therapy. We are privileged to have Dr Kelvin Khng, Dr Jerry Lim and Dr Jeremy Goh to present the above topics respectively.

For more details, please visit us at www.cgdp.org.sg.

2015 CGDP LASER SYMPOSIUM

The College of General Dental Practitioners Singapore (CGDP) is proud to present CGDP Laser Symposium 2015 from the 5th to 7th September this year at the NUSS Kent Ridge Guild House.

This symposium, comprising of lecture and a hands-on workshop, will be conducted by an internationally invited speaker, Dr Peter Pang. He is a leading expert in laser dentistry and has attained Advanced Level, Mastership and Educator Status with the Academy of Laser Dentistry (ALD).

A clinical simulation examination will be conducted for participants who are interested in attaining ALD Standard Proficiency certification.

For more details, please visit us on www.cgdp.org.sg.

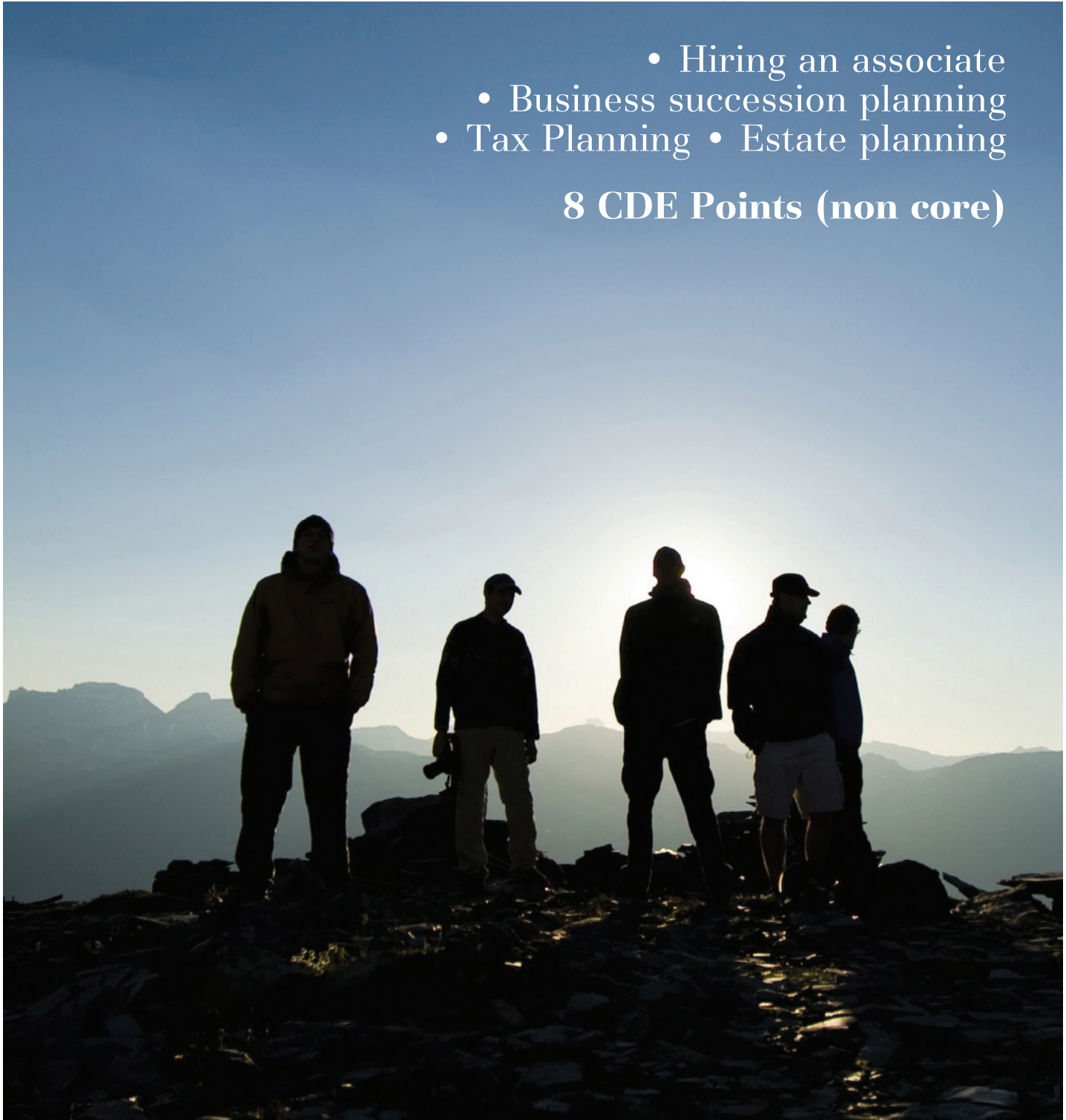


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- Business succession planning
- Tax Planning • Estate planning

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4 Modules (April to August 2015)

6.30pm to 9.30pm at Medical Alumni Theatre
(Limited to 30 pax for each module)

Module 1: 8th April 2015 (Wed)

Hiring Associates For Dental Practice

- What Are The Different Roles Of Associates?
- Managing The Expectations Of Associates
- Remuneration Package
- Contract Of Services Vs Contract For Services
- "Locking" The Associates
- Career Plan For Associates
- Tax Planning For Associates

Module 2: 17th June 2015 (Wed)

Business Succession Planning For Dental Practice

- Common Business Structures For Dental Practices
- Business Cycle Of Dental Practices
- Typical Financial Statement For A Dental Practice
- Different Models Of Business Succession
- Business Succession: Associate Or Business Partner
- Valuation Of A Dental Practice

Module 3: 22nd July 2015 (Wed)

Tax Planning

- Common Business Structure For Dental Practices
- Tax Planning Vs Tax Avoidance
- Tax Treatment Of An Individual
- Tax Treatment Of Private Limited Company
- Basic Tax Planning Tools Applicable To Dental Practice
- Increase Your Profit Through GST Registration

Module 4: 19th August 2015 (Wed)

Estate Planning

- Benefits of estate planning
- Tools of estate planning
- Computation of ideal sum assured to preserve value of estate
- Process of estate planning and estate settlement
- Lasting power of attorney

Dinner will be provided.

For more information and to sign up, please visit www.cgdp.org.sg

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